



When will basketball practices be held & where?

Basketball practices for 3rd through 8th grades will be held on Mondays and Thursdays from 3:00 pm to 4:30pm in the SBCS gym. Kindergarten through 2nd grades will have practice on Wednesdays from 3:00 pm to 4:30 pm. All players are encouraged to participate. The first practice will be held Monday, January 9th.

When will cheerleading practices be held & where?

Cheerleader practices will be held in the gym and field. The practice times are to be determined - based on volunteer coach recruitment, gym availability, and number of cheerleaders that sign up. The Pee Wee, JV, and Varsity (if applicable) will practice once a week after school. The mascots (PreK3 & PreK4) will have occasional practices (not weekly after school). The first practice will be held the second week after school resumes in January.

Who may play basketball? St. Benedict Catholic School students Kindergarten through 8th grade.

Who may cheer? St. Benedict Catholic School students Kindergarten through 8th grade may be on the cheer squads. PreK3 & PreK4 students will be cheer mascots (they will get cheer uniforms and learn fun cheer skills including tumbling but will not have weekly after-school practices).

Want to help? We would LOVE to have you! The basketball and cheerleading programs currently need volunteers to help with coaching, refereeing, scorekeeping, and concessions. Please reach out to the SBCS Athletic Director, Coach Mick Keyes, at mkeyes@saintbenedict.net for more information regarding the basketball coaching, refereeing, scorekeeping, and concessions. Please reach out to Lindsay Schumacher at lindsay@lschumacherconsulting.com for information regarding cheer coaching.

What if my child wants to play more than one sport? Cheerleading & basketball will be held simultaneously at times so we ask that students only sign up for one sport.

When are sign up forms due?

Please turn in your sign up form with \$85 registration fee by Thursday, December 15th to your homeroom teacher. Cash or check made payable to St. Benedict Catholic School or SBCS. In order to allow ample time for ordering, registration forms received after this date cannot be guaranteed a player uniform shirt for basketball or cheer uniform for cheerleaders.

----- Please complete the following information & return along w/ payment to child's homeroom teacher by Thursday, December 15th.

STUDENT NAME: _____ GRADE: _____ AGE: _____ DOB: _____

CIRCLE SPORT THAT STUDENT WILL BE PARTICIPATING IN: **BASKETBALL OR CHEER**

PARENT NAME: _____ PHONE: _____ EMAIL: _____

IF ADDITIONAL PARENT AND/OR GUARDIAN WOULD LIKE TO BE ON THE COMMUNICATIONS PLEASE PUT INFORMATION BELOW:

NAME: _____ PHONE: _____ EMAIL: _____

If interested in volunteering, please indicate area of interest here: _____

Please indicate PLAYER t-shirt size: Youth ___YXS ___YS ___YM ___YL ___YXL Adult ___AS ___AM ___AL ___AXL ___AXXL

Of Note: shirts will be unisex - if the size is unavailable we will go up one size - please note that this is often the case with yxs & yxl sizes

IF YOU WOULD LIKE YOUR CHILD TO PARTICIPATE IN THIS EVENT (INTRAMURAL BASKETBALL OR CHEERLEADING, PLEASE COMPLETE, SIGN, AND RETURN THIS STATEMENT OF CONSENT AND RELEASE OF LIABILITY. AS PARENT OR LEGAL GUARDIAN, YOU REMAIN LEGALLY RESPONSIBLE FOR ANY PERSONAL ACTIONS TAKEN BY THE NAMED MINOR ("PARTICIPANT") ABOVE:

I agree on behalf of myself, my child named herein, or our heirs, successors, and assigns, to hold harmless and defend (name of parish/school/institution) **Saint Benedict Catholic School**, its officers, directors, employees and agents, and the Archdiocese of Mobile, its employees and agents, chaperones, or representatives associated with the event, from any claim arising from or in connection with my child attending the event or in connection with any illness or injury (including death) or cost of medical treatment in connection therewith, and I agree to compensate the parish/school/institution, its officers, directors and agents, and the Archdiocese of Mobile, its employees and agents and chaperones, or representative associated with the event for reasonable attorney's fees and expenses that may incur in any action brought against them as a result of such injury or damage, unless such claim arises from the negligence of the parish/school/institution/archdiocese.

Signature: _____ **Date:** _____