

**How does an intramural sports program work?** The particular sport (in this case soccer and flag football) will be played between teams made up only from St. Benedict Catholic School students.

## What are the advantages of intramural sports?

Intramural sports allows a more relaxed, fun environment for the participants. It is a great recreational way to learn a new sport and/or build current skill levels while also building friendships with peers outside of the classroom. This program will allow SBCS to instill the following core values throughout the season:

- Fun (Enjoy the experience in a positive, inviting environment)
- Honesty (We strive to uphold a culture of integrity, trust, fairness, responsibility, and accountability)
- Respect (Sportsmanship and respect for all)
- Professionalism (We trust our director and volunteer coaches will give participants a program to be proud of)
- Passion (*Play with positive energy and enthusiasm*)
- Community (We promote lasting friends ships and camaraderie)

## When is soccer season and when will practices be held?

- Soccer Season Dates: September 16 October 31
- Soccer Practice Days: Tuesday and Thursday

Who may participate in soccer? Any St. Benedict Catholic School student in Kindergarten through 8th grade.

## When is flag football and when will practices be held?

• Flag Football Season Dates: November 4 - November 22

## Who may participate in flag football?

• Any St. Benedict Catholic School student in 5th through 8th grade who would like to participate in the Turkey Bowl.

**Want to help?** We would LOVE to have you! Both programs currently need volunteers to help with coaching, refereeing, scorekeeping, and concessions. Please reach out to the SBCS Athletic Director, Coach Mick Keyes, at mkeyes@saintbenedict.net for more information.

**When are sign up forms due?** Please turn in your sign up form with the registration fee (\$80 for soccer and \$25 for flag football) by Friday, September 6th, to your homeroom teacher. Cash or check made payable to St. Benedict Catholic School or SBCS. In order to allow ample time for ordering, registration forms received after this date cannot be guaranteed a player uniform shirt.

Please complete the fo	llowing informati	on & re	turn alon	g w/ pay	ment to	child's l	nomero	om teach	er by Fri	day, Septe	mber 6th, 20	024
STUDENT NAME:		GRADE:			AGE:			DOB:				
ARENT NAME:			PHONE:				EMAIL:					
IF ADDITIONAL PARENT AND/OR GUAR	DIAN WOULD LIK	E TO B	E ON THI	Е СОММ	UNICAT	TIONS PL	EASE P	UT INFO	RMATIO	N BELOW:		
NAME:	PHONE:				EMAIL:							
If interested in volunteering, ple	ease indicate a	rea of	intere	st here	<i>:</i>							
Please indicate PLAYER shirt size:	Youth <b>YXS</b>	YS _	YM _	YL _	YXL	Adult_	AS	AM _	AL	AXL .	AXXL	
Of Note: shirts will be unisex - if the s	ize is unavailable	e we wi	ill go up	one size	- pleas	se note t	hat this	is often	the cas	e with yxs	&yxl sizes	
IF YOU WOULD LIKE YOUR CHILD TO PARTICI AND RELEASE OF LIABILITY. AS PARENT OR I ("PARTICIPANT") ABOVE:												
I agree on behalf of myself, my child r parish/school/institution) <u>Saint Bene</u> employees and agents, chaperones, c attending the event or in connection agree to compensate the parish/scho and chaperones, or representative as against them as a result of such injury	edict Catholic Sc or representatives with any illness o ol/institution, its sociated with the	<b>hool</b> , it is assoc or injury officer e event	ts officer iated wit y (includ rs, direct for reaso	s, direct th the eving dead ors and onable a	tors, envent, fro th) or co agents attorne	nployees om any o ost of me , and the y's fees a	and ag claim ar edical to Archd and exp	gents, and rising from reatment iocese of lenses the	d the Ar m or in t in con Mobile at may	chdiocese connectio nection th , its emplo incur in ar	e of Mobile, n with my c erewith, an oyees and a ny action br	child id I gents ought